

COMMUNITY CENTER? SEE DETAILS

WORKSHOPS

ALL WORKSHOPS WILL BE ON **ASSIGNED TUESDAYS AND WILL BE** HYBRID FROM 10AM-11:30AM. UNLESS NOTED OTHERWISE. October 15th-

How To Make Pie Crust Cookies Click here to register

October 22nd -DIY baking and Frosting Cookies

Click here to register PEER SUPPORT **Every Thursday on ZOOM**



10:00am -11:30am **Save the Date!**

Join us for the Second Annual

Disability Awareness Day hosted by DRAIL! Date: Friday, October 18, 2024 Time: 10 AM - 2 PM Location: Centre Plaza, 1001 K Street, Modesto, CA

All Ages/All Disabilities Welcome. Bring your

friends and family for a day of fun and awareness! Free Entry! Spread the word and let's make this day

memorable! **ADVOCACY CORNER**

CALIFORNIA IS COMMITTED TO ENSURING EVERY **VOTER IS ABLE TO CAST THEIR BALLOT PRIVATELY**

AND INDEPENDENTLY BY HAND, USING BALLOT

MARKING DEVICE, OR SCAN AND CAST YOUR

BALLOT

-CURBSIDE VOTING-**CURBSIDE VOTING ALLOWS YOU** TO PARK AS CLOSE AS POSSIBLE TO THE VOTING AREA. ELECTIONS OFFICIALS WILL BRING YOU A ROSTER TO SIGN, A BALLOT, AND ANY OTHER **VOTING MATERIALS YOU MAY NEED, WHETHER** YOU ARE ACTUALLY AT A CURB OR IN A CAR. ALL

REQUIRED TO BE ACCESSIBLE TO VOTERS WITH DISABILITIES AND WILL HAVE ACCESSIBLE VOTING MACHINES. -VOTING AT HOME-

-REMOTE ACCESSIBLE VOTE-BY-MAIL (RAVBM)-

SYSTEMS PROVIDE AN ACCESSIBLE OPTION FOR

POLLING PLACES AND VOTE CENTERS ARE

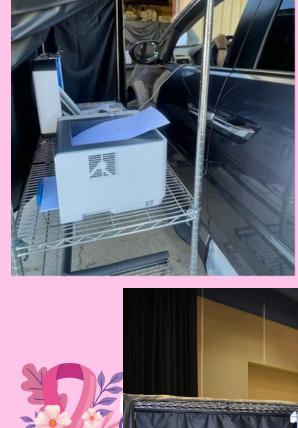
VOTERS WITH DISABILITIES TO RECEIVE THEIR

BALLOTS AT HOME AND MARK THEM INDEPENDENTLY AND PRIVATELY BEFORE SENDING THEM BACK TO ELECTIONS OFFICIALS. WHEN **USING RAVBM YOU CAN NOW MARK YOUR BALLOT BY USING YOUR OWN COMPATIBLE TECHNOLOGY TO VOTE INDEPENDENTLY AND** PRIVATELY. **ACCESSIBLE VOTING MACHINES** YOU CAN ALSO ASK YOUR COUNTY ELECTIONS OFFICE ABOUT THEIR ACCESSIBLE VOTING

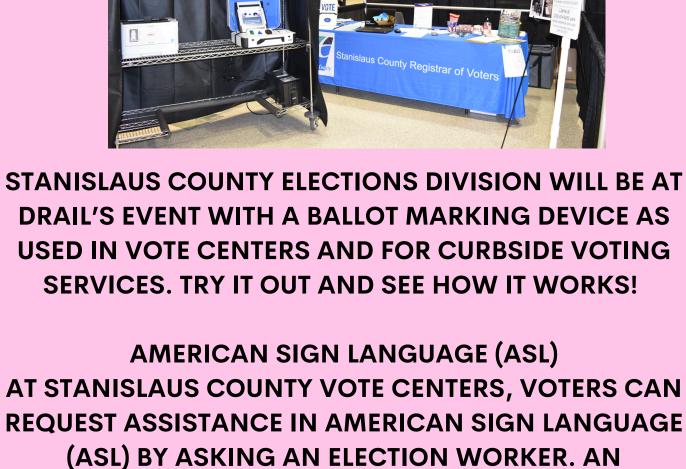
STEP-BY-STEP GUIDE TO USING THE VOTING **EQUIPMENT IN YOUR COUNTY CLICK HERE: HOW TO USE YOUR COUNTY'S VOTING SYSTEM**

MACHINES.

WHAT YOU MAY SEE FOR CURBSIDE **VOTING**







INTERPRETER WILL BE AVAILABLE BY VIDEO. OCTOBER IS...

BREAST CANCER AWARENESS

MONTH

LEARNING DISABILITIES

AWARENESS MONTH

SPINA BIFIDA AWARENESS

MONTH

MONTH

OCT 16-20 - INVISIBLE

NATIONAL DISABILITY EMPLOYMENT AWARENESS

DISABILITIES WEEK

SUCCESS STORIES

You helped me out fantastically last

Friday on 5/31. We're the ones that our

van broke down and my husband's in a

wheelchair. You assisted us

tremendously and I just wanted to call

and thank you so much so much for all

your help and your care and concern you

really did show a lot of caring concern

and we really really appreciated it and at

the end of the day because of your help you know everything worked out just beautifully. So, you got us out of a real stressful scary time and I just can't thank you enough but I just wanted to make sure you did know that I really and my husband also we really really really appreciate your help. Thank you. I'm sorry I didn't get to talk to you in person but hopefully you'll get this message. you take care and thank you so much again. Nice to know there are a few good people left out there in the world.



For listings of food banks and pantries in the Amador, Calaveras, Mariposa, San Joaquin, Stanislaus, and Tuolumne counties, click here:

Food Bank/Pantry

List is continuously updated

Your Story Matters: Share How DRAIL Has Helped You Achieve

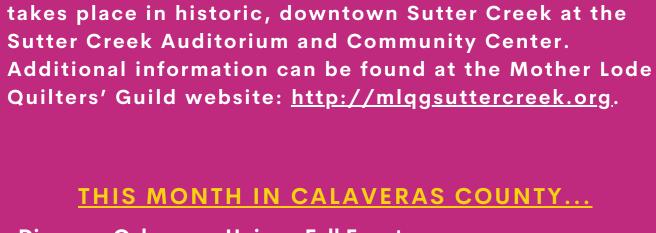
Independence. The best compliment you

can give us is sharing your success story!

> Email us at info@drail.org

and let your journey

inspire others.



Discover Calaveras: Unique Fall Events -Lumberjack Day, West Point - First Saturday in October

ALL DRAIL OFFICES WILL BE CLOSED ON

OCTOBER 14, 2024

WHAT'S HAPPENING IN OUR

SURROUNDING COUNTIES?

THIS MONTH IN AMADOR COUNTY...

-Big Crush Harvest Wine Festival Big Crush is the perfect time to

see harvest in action, and this year will be no exception! With over

45 participating wineries, ticket holders can expect to see an array

of behind the scenes harvest experiences, from barrel tasting, and

October 5 - 6, 2024 Saturday 10am to 5pm Sunday 10am

to 4pm Admission \$8. The Golden Threads Quilt show

winery tours, to seeing crush in action at our family owned

-Sutter Creek: Golden Threads Quilt Show

wineries. Click Here For More Info

-Calaveras Grape Stomp and Gold Rush Street Fair in Murphys, **CA – First Saturday in October**

-Mark Twain Wild West Festival - Second Weekend in October -Guided Sunset Hike, Arnold Rim Trail, Arnold, CA – October 12,

2024 at 4:00 SHARP! -Murphys Gathering - Third Weekend in October -Mountain Heirloom Quilt Faire, Murphys - Third Weekend in

October -All Hallows Fair - A Celtic New Year Samhain Celebration, Angels Camp, CA - Last weekend in October

-Dia De Los Muertos, Murphys, CA - Saturday after Halloween **Discover Calaveras Unique Fall Events Here**

THIS MONTH IN MARIPOSA COUNTY... -Annual Sausage and Suds event will be held on Saturday, Oct.

28 from 4-7 p.m. in Building A at the fairgrounds. The cost is \$35

per person and it is for people age 21 and older.

The event is held annually and sponsored by the Mariposa Friends of the Fairgrounds. Mariposa Fair Calendar -Mariposa Chamber Car Show 13th Annual Mariposa-Yosemite Car Show Event Details: October 18: Cruise Night @ Mainstreet Mariposa Cruise starts about 5:30pm October 19: Car Show @

Mariposa Fairgrounds Free Admission to the Public THIS MONTH IN SAN JOAQUIN COUNTY... -The Manteca Pumpkin Fair is the first full weekend in October, held in Downtown Manteca, every year. Click

Here For Pumpkin Fair Info

-The Stockton San Joaquin Lions Club is thrilled to share that they will be able to provide free eyeglasses to anyone in need on a first come, first serve basis during the Free Health & Vision Fair Saturday, October 5, 10 AM to 2 PM

at the Dorothy L. Jones Family Resource Center, 2044 Fair St., Stockton, CA 95206. THIS MONTH IN STANISLAUS COUNTY -The California Tamale Festival celebrates taste and talent by bringing together live music, the arts, great plated foods. The event showcases professional and amateur

community talent with live entertainment throughout the

one-day, professional cooking demonstrations, a custom

car show, tamale themed creative displays, arts, and

CA 95380 Tamale Festival Event Info

crafts, DJs, and Mariachis and much more!!! OUTDOOR

EVENT, RAIN OR SHINE, Sunday of October 20, 2024: 12

Noon - 7:00 PM Stanislaus County Fairgrounds 900 N. Broadway Turlock,

-October 2024 Art Walk Thursday, The Art Walk is a FREE

have the opportunity to listen to local musicians, enjoy

casual event featuring a diverse range of artwork. You will

food and beverage from one of your favorite downtown restaurants as well as viewing artwork for purchase at local art galleries and shops. October 17, 2024 5:00 PM 6:00 PM THIS MONTH IN TUOLOUMNE COUNTY... 2024 Farms of Tuolumne County Zucchini & Pumpkin Weigh-

Cost: Entry to Weigh-In free. There is a small fee per car for parking. Location: 14679 Summers Lane, Sonora, CA 95370 Food! Crafts! Music! Cash prizes for biggest zucchini and pumpkin. Contact info@tcfarms.org or call 209-928-3775 for more information Click Here -Tuolumne County Health Fair on Saturday, October 26, 2024 from 7 a.m. to 2 p.m. at the Mother Lode Fairgrounds. Free health screenings will be offered for the duration of

In Time: 11:00am ~ 4:00pm Date: October 19, 2024

the event, from 7 a.m. to 2 p.m.

health, Bone density, Vision, Hearing, Pulmonary function, Pulse oximetry, Blood pressure, Body fat, Height and weight, and Balance. Click Here For Health Fair Info

Planned screenings include: Skin checks, Foot exams, Oral

ARDC OF THE MOTHERLODE DO YOU LIVE IN ALPINE, AMADOR, CALAVERAS,

MARIPOSA, OR TUOLUMNE COUNTY? IF YOU DO,

THEN FINDING LOCAL RESOURCES JUST GOT A LOT

DISABILITIES.

EASIER. ADRC OF THE MOTHER LODE IS HERE TO **HELP YOU FIND MANY SERVICES AND PROGRAMS AVAILABLE TO OLDER ADULTS AND PEOPLE WITH**

ACCESS THE ONLINE DIRECTORY AND START A NEW SEARCH AT: ADRC RESOURCE DIRECTORY ACCOMMODATIONS ACCOMMODATIONS FOR STUDENTS WITH LEARNING DISABILITIES ARE TYPICALLY DECIDED THROUGH A FORMAL, **COLLABORATIVE PROCESS INVOLVING THE STUDENT, THEIR**

OVERVIEW OF HOW ACCOMMODATIONS ARE DETERMINED: 1. FORMAL IDENTIFICATION OF THE LEARNING DISABILITY: BEFORE ACCOMMODATIONS CAN BE CONSIDERED, A STUDENT

MUST FIRST BE FORMALLY IDENTIFIED AS HAVING A LEARNING

DISABILITY. THIS USUALLY INVOLVES ASSESSMENTS

CONDUCTED BY SCHOOL PSYCHOLOGISTS OR OTHER

FAMILY, AND EDUCATIONAL PROFESSIONALS. HERE'S AN

EDUCATIONAL PROFESSIONALS. THESE ASSESSMENTS HELP DETERMINE THE STUDENT'S STRENGTHS, CHALLENGES, AND SPECIFIC AREAS OF NEED. 2. DEVELOPMENT OF AN INDIVIDUALIZED EDUCATION

PROGRAM (IEP):

ONCE A STUDENT IS IDENTIFIED WITH A LEARNING DISABILITY, THE NEXT STEP IS THE CREATION OF AN INDIVIDUALIZED **EDUCATION PROGRAM (IEP). THE IEP IS A LEGAL DOCUMENT** THAT OUTLINES THE STUDENT'S LEARNING GOALS, SERVICES THEY WILL RECEIVE, AND THE ACCOMMODATIONS THEY NEED TO ACCESS THE CURRICULUM. 3. IEP TEAM MEETING: THE DECISION ABOUT ACCOMMODATIONS IS MADE BY AN IEP TEAM, WHICH INCLUDES:

THE STUDENT (IF APPROPRIATE)

THE STUDENT'S PARENTS OR GUARDIANS

TEACHERS AND SPECIAL EDUCATION STAFF

A SCHOOL ADMINISTRATOR (LIKE A PRINCIPAL OR SPECIAL **EDUCATION COORDINATOR)** OTHER SPECIALISTS, SUCH AS A SCHOOL PSYCHOLOGIST OR SPEECH THERAPIST, IF NEEDED

THIS TEAM WORKS TOGETHER TO REVIEW THE STUDENT'S ASSESSMENT RESULTS, CLASSROOM PERFORMANCE, AND ANY OTHER RELEVANT INFORMATION. 4. SELECTING ACCOMMODATIONS: THE IEP TEAM THEN DECIDES WHICH ACCOMMODATIONS ARE MOST APPROPRIATE BASED ON THE STUDENT'S SPECIFIC CHALLENGES AND NEEDS. ACCOMMODATIONS ARE CHOSEN

TO HELP THE STUDENT ACCESS THE CURRICULUM AND

DEMONSTRATE THEIR ABILITIES WITHOUT BEING UNFAIRLY

HINDERED BY THEIR DISABILITY. THE GOAL IS TO "LEVEL THE

PLAYING FIELD," ALLOWING THE STUDENT TO WORK ON THE

SAME CONTENT AS THEIR PEERS, BUT WITH SUPPORTS IN PLACE. **5. TYPES OF ACCOMMODATIONS CONSIDERED: ACCOMMODATIONS CAN BE PROVIDED IN VARIOUS AREAS SUCH AS:** PRESENTATION: HOW INFORMATION IS GIVEN TO THE STUDENT (E.G., USING LARGE PRINT, AUDIO MATERIALS). RESPONSE: HOW THE STUDENT COMPLETES TASKS (E.G.,

VERBAL RESPONSES, USING A COMPUTER).

TIMING: ADJUSTMENTS TO HOW MUCH TIME THE STUDENT HAS

TO COMPLETE A TASK (E.G., EXTENDED TIME). SETTING: WHERE THE STUDENT WORKS (E.G., QUIETER SPACES, **SMALLER GROUP SETTINGS). TEST SCHEDULING: ADJUSTMENTS TO WHEN AND HOW TESTS** ARE ADMINISTERED (E.G., BREAKING TESTS INTO SMALLER PARTS).

6. WRITING ACCOMMODATIONS INTO THE IEP:

ONCE ACCOMMODATIONS ARE AGREED UPON, THEY ARE

WRITTEN INTO THE STUDENT'S IEP. THE IEP WILL SPECIFY WHAT

ACCOMMODATIONS THE STUDENT IS ENTITLED TO, WHEN AND

HOW THEY WILL BE PROVIDED, AND WHO WILL BE RESPONSIBLE FOR ENSURING THEY ARE IMPLEMENTED. 7. ONGOING REVIEW AND ADJUSTMENT: ACCOMMODATIONS ARE NOT SET IN STONE. THE **EFFECTIVENESS OF ACCOMMODATIONS IS MONITORED BY THE** IEP TEAM, AND ADJUSTMENTS ARE MADE AS NEEDED. THE IEP IS REVIEWED AT LEAST ONCE A YEAR, BUT CHANGES CAN BE

MADE AT ANY TIME IF ACCOMMODATIONS ARE NOT WORKING

OR IF THE STUDENT'S NEEDS CHANGE.

IN THIS WAY, ACCOMMODATIONS ARE CAREFULLY CHOSEN TO

SUPPORT THE STUDENT'S LEARNING WITHOUT ALTERING THE ACADEMIC EXPECTATIONS. THE PROCESS ENSURES THAT **EACH STUDENT'S UNIQUE NEEDS ARE MET, PROMOTING THEIR** SUCCESS IN SCHOOL.

HEALTHY EATING Pumpkin Soup

4 CUPS (1L) CHICKEN STOCK

CREAM AND CHOPPED FRESH CHIVES

• Heat oil in a large saucepan over mediumhigh heat. Cook onion, stirring, for 5 minutes or until softened. Add pumpkin. Cook, stirring for 3 minutes or until

starting to brown slightly.

 Add stock. Season with salt flakes and freshly ground black pepper. Bring to the

simmer for 20-25 minutes until pumpkin is tender. • Remove from heat. Using a stick blender,

boil. Reduce heat to low. Cover and

Serve drizzled with cream and sprinkled with chives.

DRAIL'S SERVICES DRAIL services are tools that assist people with

disabilities to live more independent lives. Independence requires support for both the physical and emotional needs of the individual. **DRAIL services are designed**



(209) 521-7260

1101 SYLVAN AVENUE, #C-105

 2 TBS EXTRA VIRGIN OLIVE OIL • 1 ONION, CHOPPED • 4 POUNDS OF PUMPKIN, PEELED, &

CHOPPED

carefully blend soup until very smooth.

to empower individuals to achieve personal goals, renew confidence and

enable independence.

1:00PM - 5:00PM

MODESTO, CA 95350

OFFICES ARE OPEN FROM **MONDAY TO FRIDAY** 8:00AM - 12:00PM